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(Pages : 2)

Name.....

Reg. No.....

SECOND SEMESTER M.S.W. DEGREE (REGULAR/SUPPLEMENTARY)  
EXAMINATION, APRIL 2024  
(CBCSS)

Master of Social Work

SOW 2C 10—THEORY AND PRACTICE OF COUNSELLING  
(2019 Admission onwards)

Time : Three Hours

Maximum : 30 Weightage

Part I

Answer any **four** questions.

Answer to each question should not exceed 100 words.

Each question carries 2 weightage.

Write Short Notes on :

1. HIV/ AIDS.
2. Career Counselling.
3. Eclectic approach.
4. Active listening.
5. Guidance.
6. Counsellee.
7. Reflecting feelings.

Part II

(4 × 2 = 8 weightage)

Answer any **four** questions.

Answer to each question should not exceed 300 words.

Each question carries 3 weightage.

8. Describe the Counselling services for children and adolescents in Kerala.
9. Discuss the process of Gestalt theory with examples.

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Turn over

10. Explain the concept of Mindfulness and assess how this can be used in managing the stress.
11. Explain the strategies used in Relationship building in counselling.
12. Write a short essay on Various forms of counselling.
13. Define and distinguish empathetic responding, and challenging in counselling context.
14. Give a detailed account on the relevance of goal setting in the context of counselling with adolescent and youth.

(4 × 3 = 12 weightage)

### Part III

Answer any **two** questions.

Answer to a question is limited to 800 words.

Each question carries 5 weightage.

15. What you mean by Substance abuse and Addiction ? How Counselling can be used as an effective remedy ?
16. Explain the concepts and process of Transactional Analysis with suitable case illustrations.
17. Give an account on the Counselling stages and substantiate each one with suitable instances.
18. Establish the significance of Code of ethics and ethical aspects of Counseling.

(2 × 5 = 10 weightage)