SECOND SEMESTER M.S.W. DEGREE (REGULAR/SUPPLEMENTARY) EXAMINATION, APRIL 2022

(CBCSS)

Master of Social Work

SOW 2C 10—THEORY AND PRACTICE OF COUNSELLING

(2019 Admission onwards)

Time : Three Hours

Maximum : 30 Weightage

General Instructions

1. In cases where choices are provided, students can attend all questions in each section.

2. The minimum number of questions to be attended from the Section / Part shall remain the same.

3. The instruction if any, to attend a minimum number of questions from each sub section / sub part / sub division may be ignored.

4. There will be an overall ceiling for each Section / Part that is equivalent to the maximum weightage of the Section / Part.

Section A

Answer any **four** questions not exceeding 100 words.
Each question carries 2 weightage.

Write Short Notes on :

1. Group Counselling.

2. Summarizing in counselling.

3. Active listening.

4. Relationship building in counselling.

5. Reality therapy.

6. Non-verbal skills in counselling.

7. Stress Management.

(4 × 2 = 8 weightage)

Turn over

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Section B

Answer any **four** *questions not exceeding 300 words.*
Each question carries 3 weightage.

8. Differentiate between counselling and social case work.

9. Discuss the importance of goal setting in counselling.

10. Explain the need for termination and evaluation in counselling.

11. What is solution focussed brief therapy ?

12. Bring out the differences between Rational Emotive therapy and Cognitive Behaviour Therapy.

13. Discuss the need and scope of counselling services for elderly.

14. Critically analyse the need for marriage counselling.

$(4 \times 3 = 12 \text{ weightage})$

Section C

Answer any **two** *questions not exceeding 800 words.*
Each question carries 5 weightage.

15. Discuss the need and scope of counselling services for children and adolescents in contemporary Kerala society.

16. Enumerate on the attitudes and skills required during the stages of counselling.

17. In the context of rising reported cases of addiction among youth, discuss the need for counselling for Substance abuse and Addiction.

18. Elucidate the relevance of counselling in workplaces with illustrations.

$(2 \times 5 = 10 \text{ weightage})$